

The General Sufferings of Samsara

The Sufferings of the Higher Rebirths

Overview and Summaries

Content

DAY 14 – The General Sufferings of Samsara (overview and detail)
DAY 14 – The Sufferings of the Higher Rebirths (overview and detail)

Sources

Main Source:

Liberation in the Palm of Your Hand, Pabonka Rinpoche, Wisdom Publications, page 473-505.

Supporting Sources:

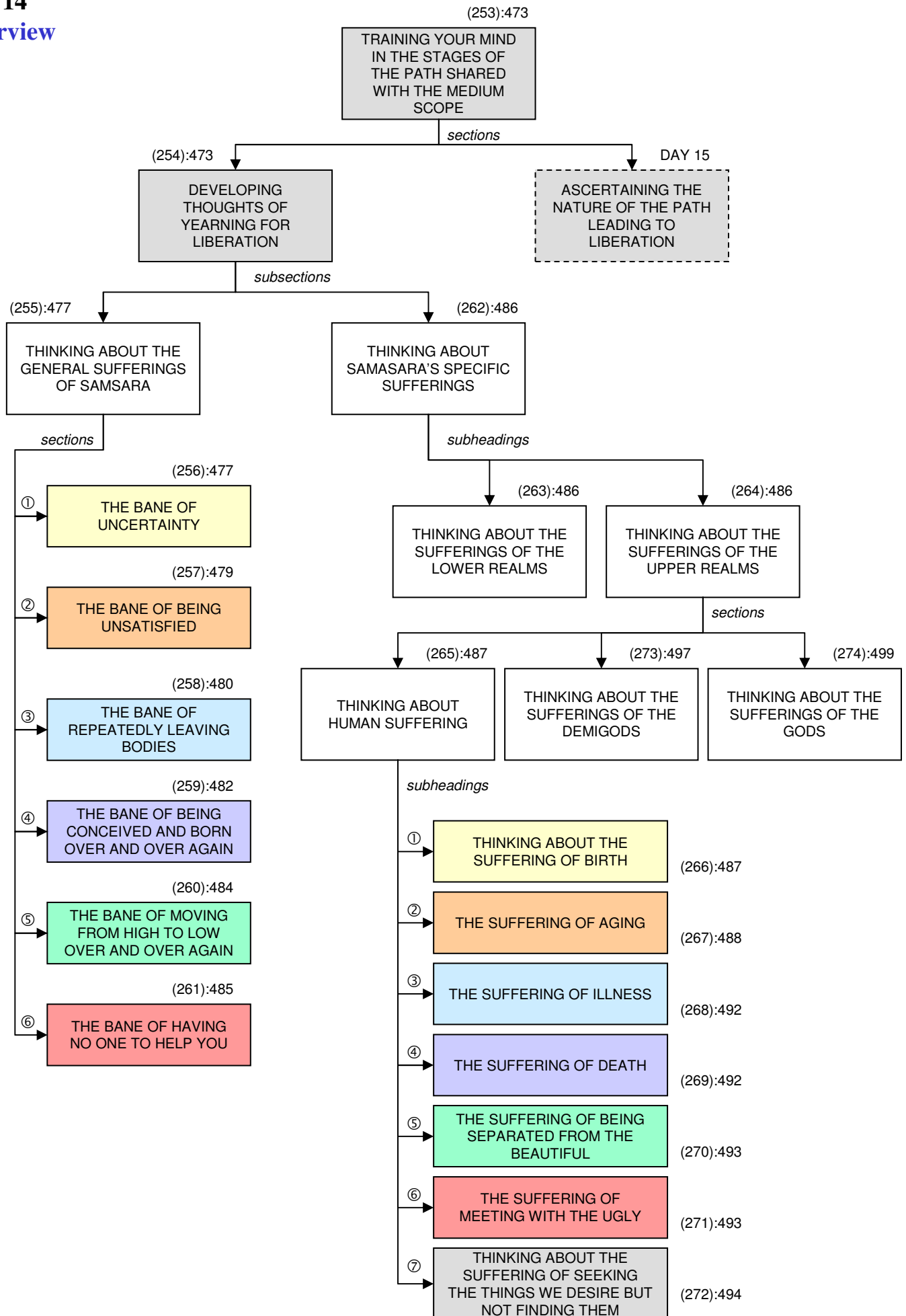
Path to Enlightenment in Tibetan Buddhism, Geshe Acharya Thubten Loden, Tushita Publications, page 389-437, 459-476.

Wish-fulfilling Golden Sun, Lama Zopa Rinpoche, page 84-105.

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Overview



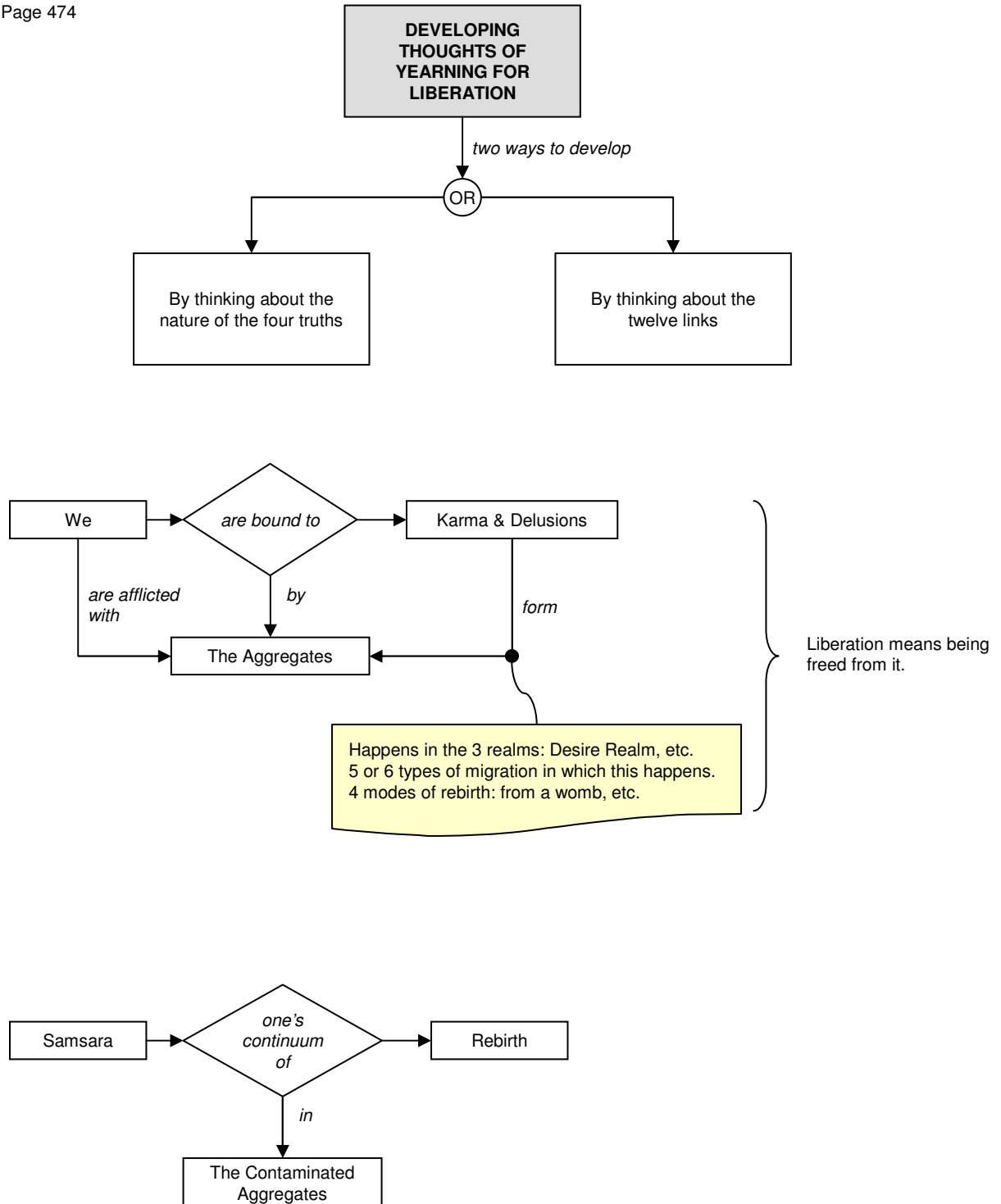
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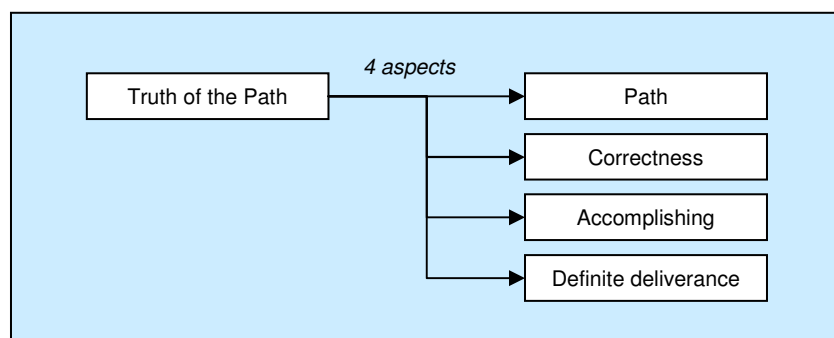
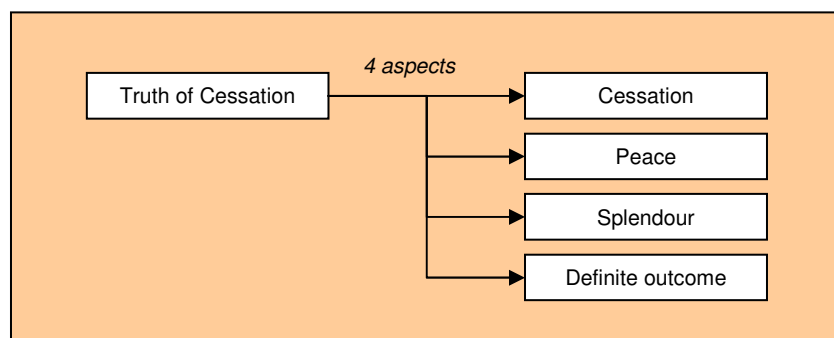
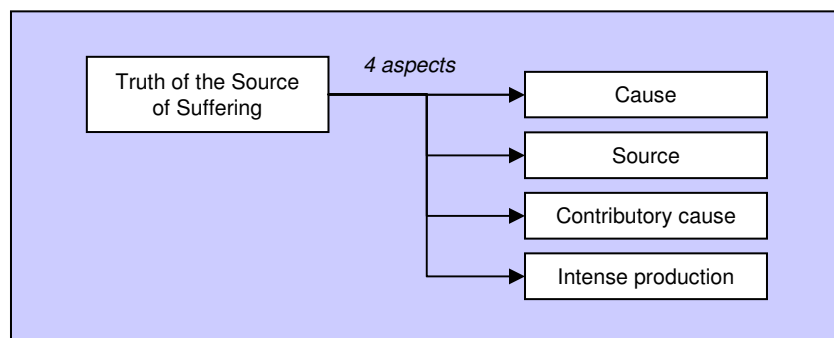
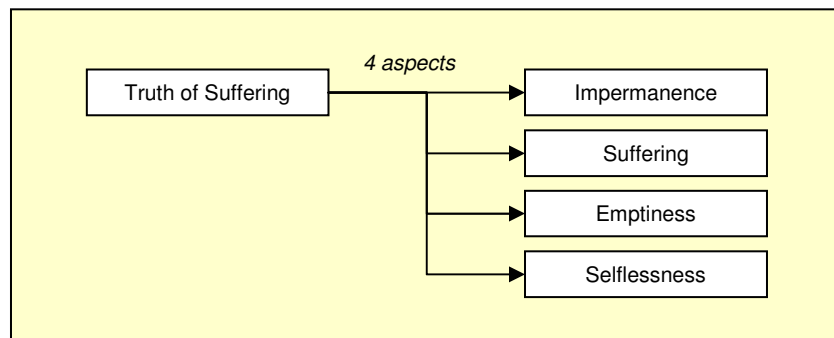


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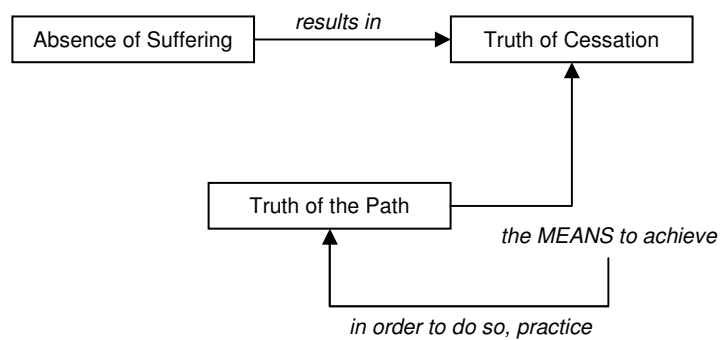
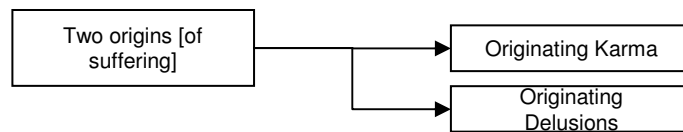
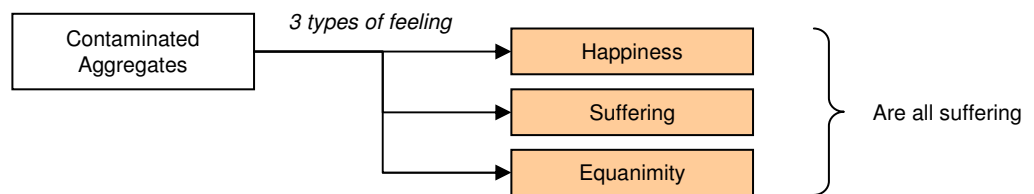


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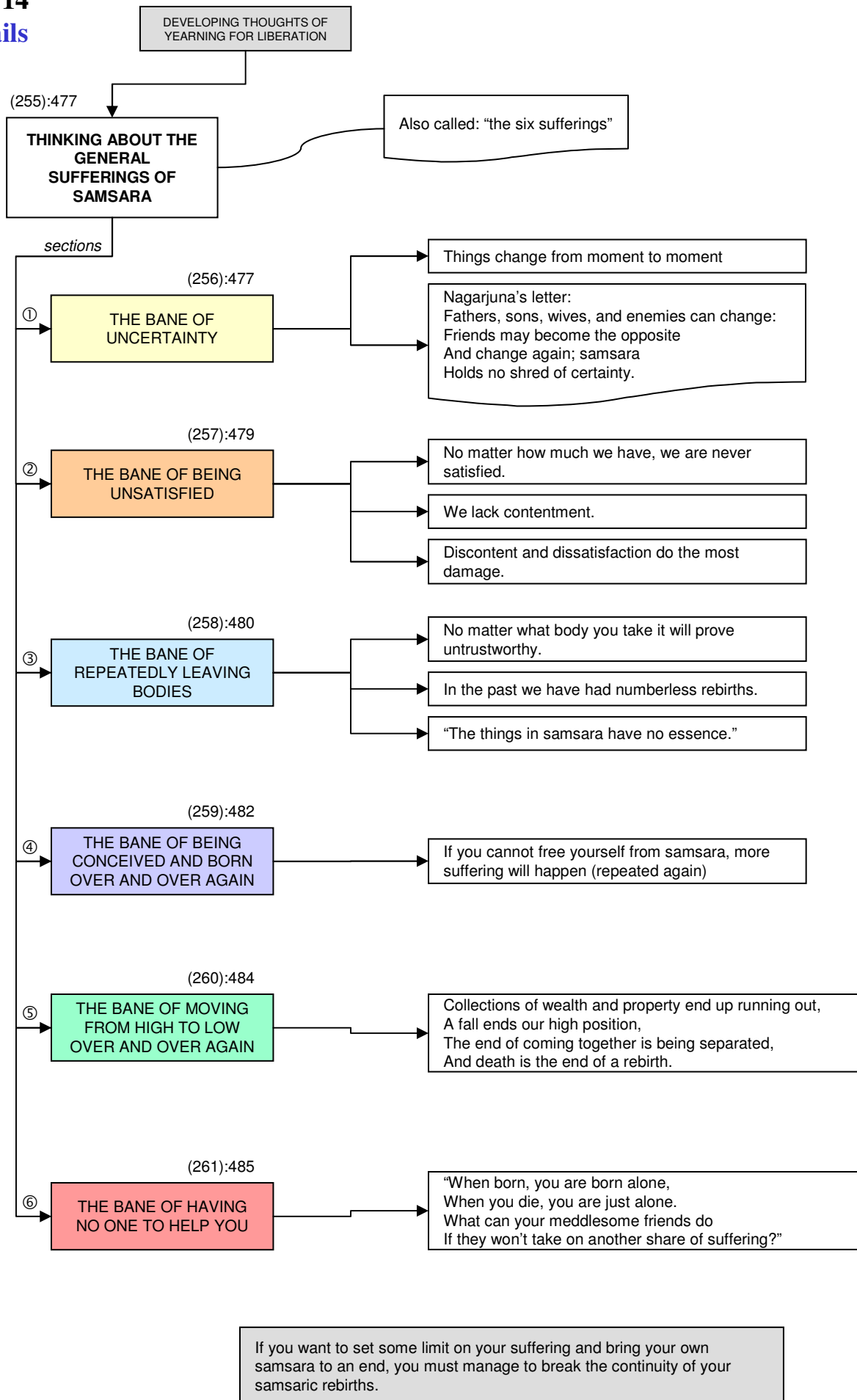
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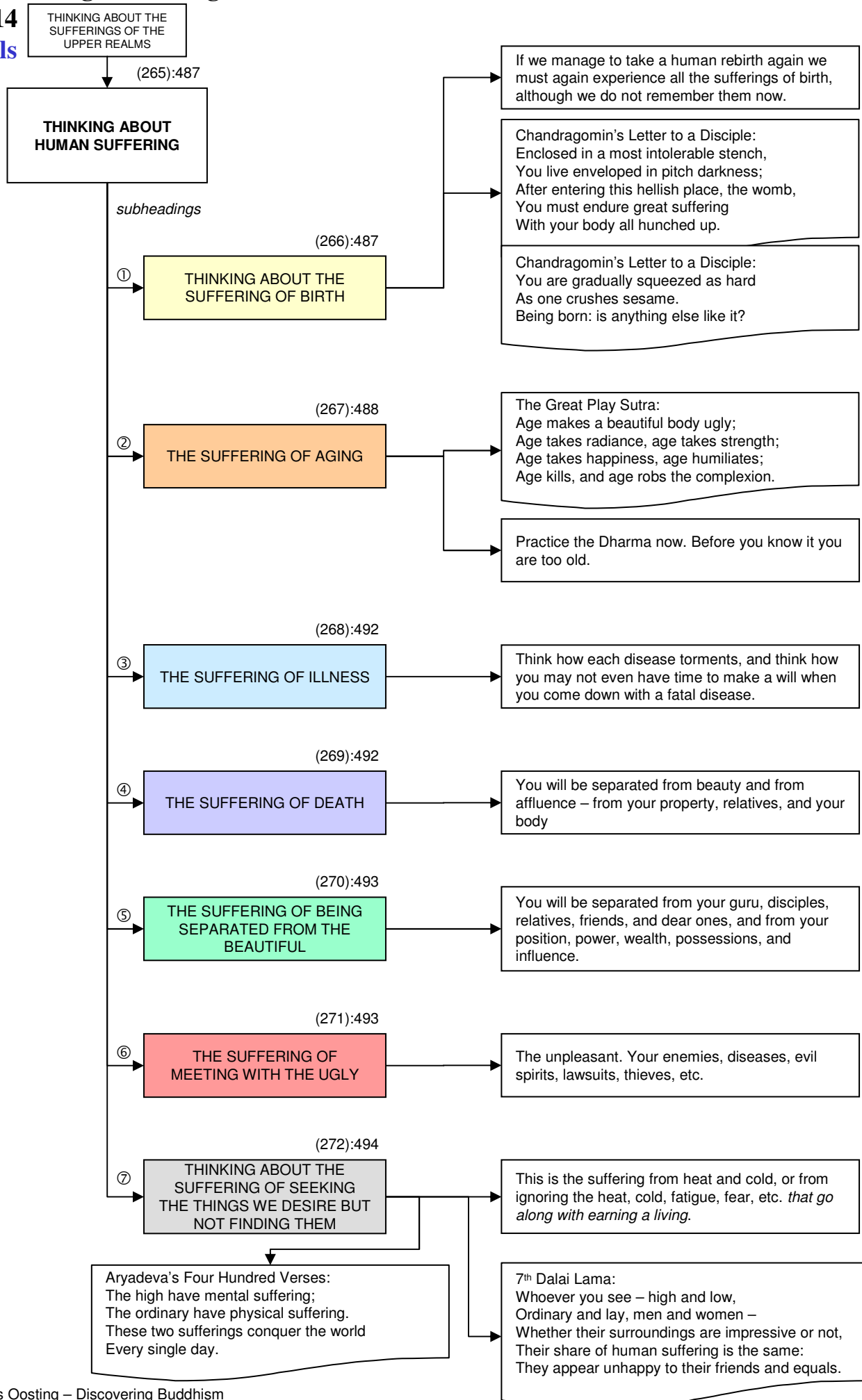
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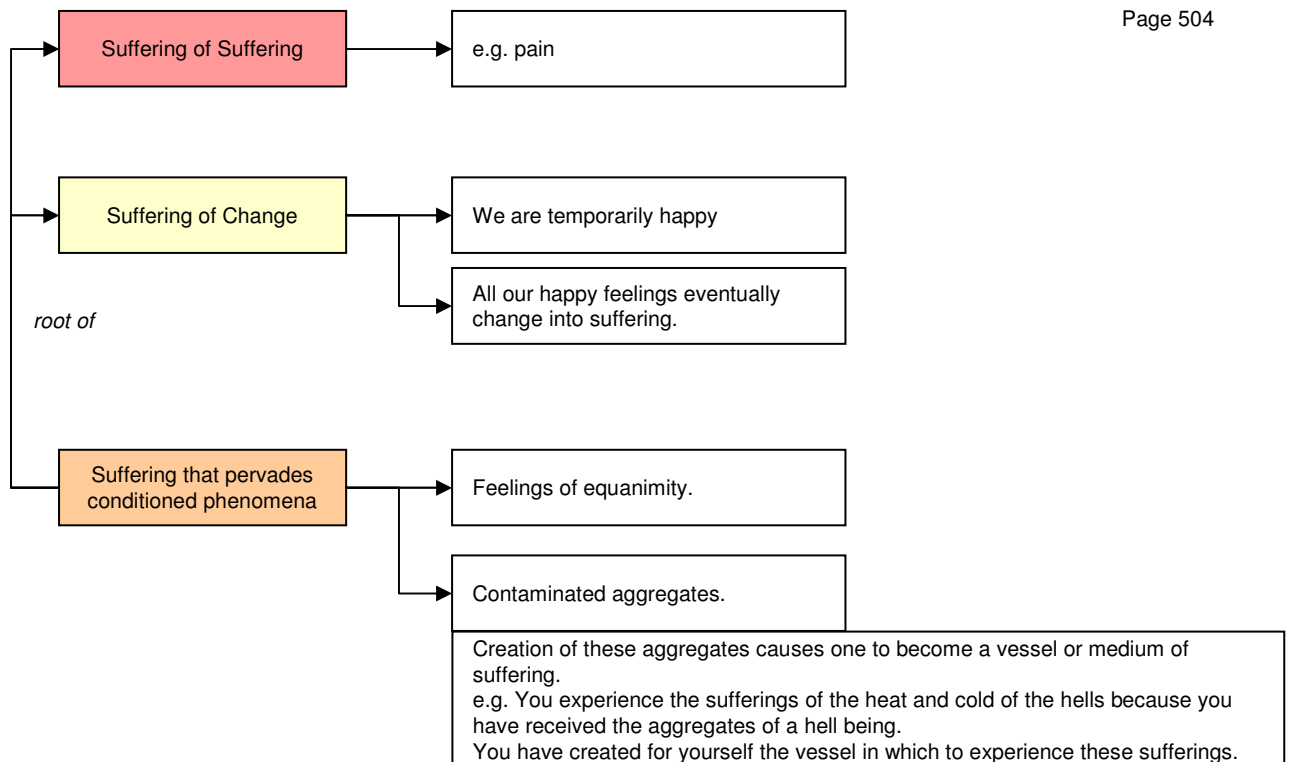
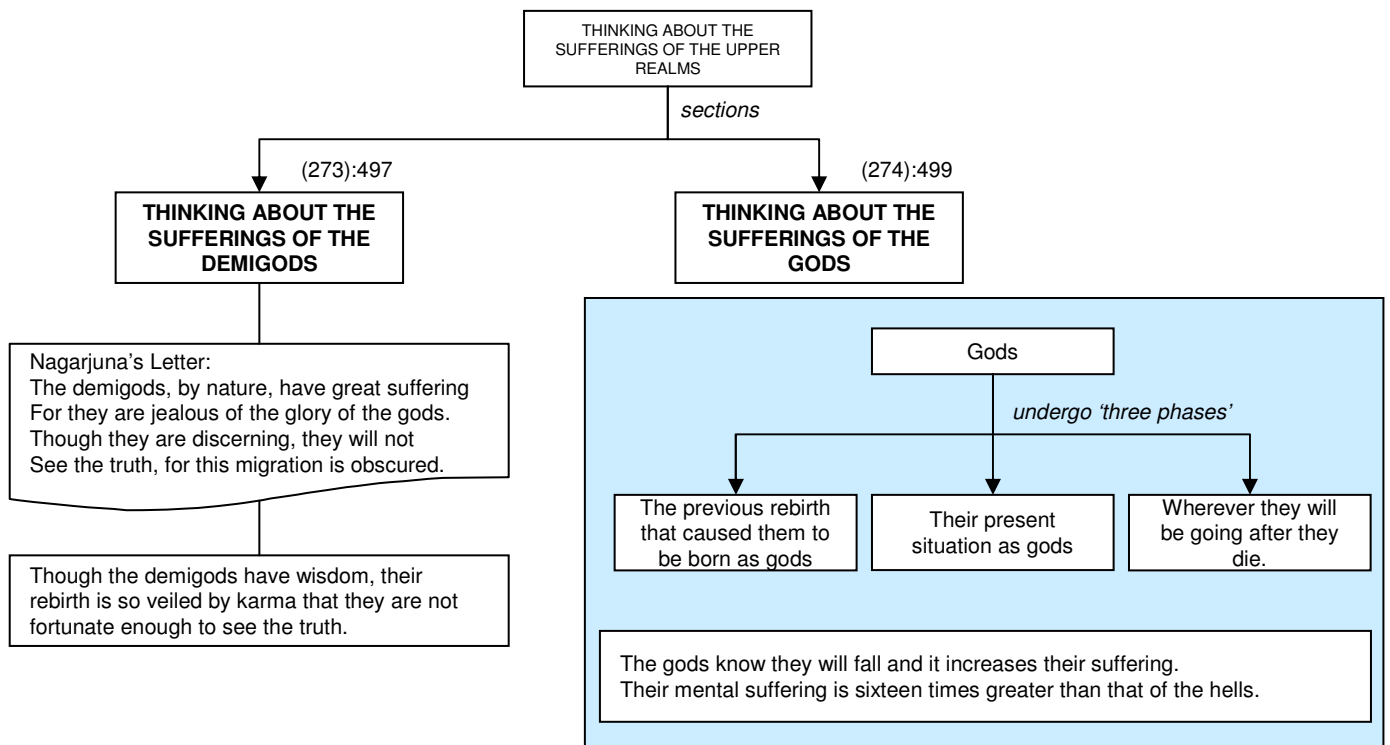
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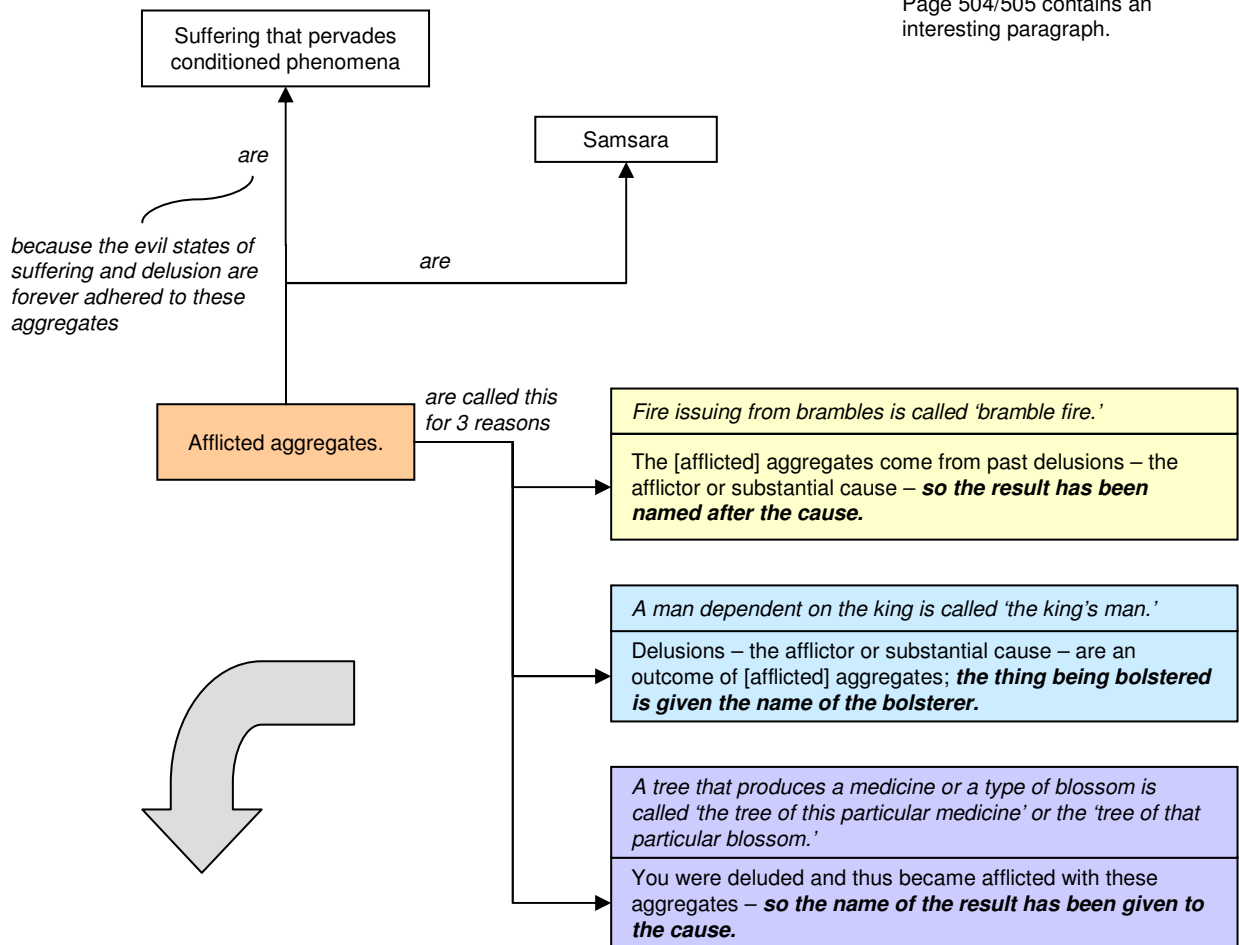
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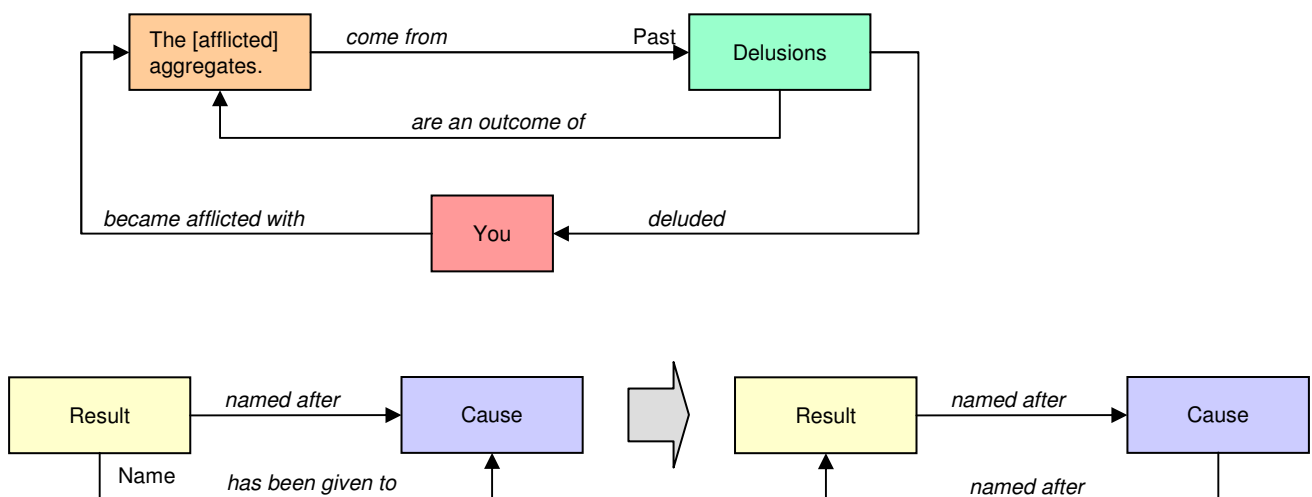
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Page 504/505 contains an interesting paragraph.



In a diagram it looks as follows:



As long as one has these aggregates, each time one does not have the feeling of suffering one will immediately afterwards be made to develop much suffering by various means.

The aggregates created the vessel for the suffering of this rebirth because they create the future rebirth that leads to suffering.

Among all sufferings, the aggregates are the worst: 'samsara' is a state of helplessness in which one receives the burden of contaminated, afflicted aggregates by virtue of karma and delusion.